



International Bodyguard & Security Services Association

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First Krav Maga seminar in Italy

On 21st and 22nd February 2003 the first seminar Krav Maga, Israeli system of military self-defence, took place in Palermo. It was run with great exemplifying clearness by Dr. Rony KLUGER – karate master and master teacher at the military police of Tel Aviv.

For this occasion the seminar was open to everyone, who wanted to deep their own personal security theme, not only to the private and public security operators and police forces, showing the real necessity to practise for years a martial art to be able to defend oneself effectively, opening in this way an interesting chapter and one more professional working outlet for who operates in the order services field.

The intense and demanding seminar met with the keen interest of all the participants and it took place thanks to the organization of the karate master Mario PANCI and the aikido master Pietro Romano COLONNA in the new premises of the Training Center Festina Lente, facing the wonderful Gulf of Mondello in Palermo

During this first meeting master Rony KLUGER showed the main principles of this self-defence system stressing:

- the ability to react against the stimulus moving as fast as possible
- the essentiality of answer with its efficacy thanks to the location of the four chief vital points to hit (eyes, throat, pubic zone, knees) which allow us to overcome the danger beyond the relative mass of our hypothetical adversary
- the flexibility of mind taking into consideration any object as potentially useful for our defence
- the importance of look like instrument of prevention and intimidation

List of participants:

Giuseppe GRASSO
Mario PANCI
Pietro Romano COLONNA
Gioacchino MAGRO
Emiliano CIULLO
Giuseppe ADDELIA
Carmelo SCOMA
Antonio BUTERA
Antonio GENTILA
Francesco La FAUCI
Daniela GIACALONE

Rosanna SIINO
Gaia Rossi LAUDICINA
Lorenzo Lo VERSO
Giuseppe CIPPOLA
Michele GA SPARRO
Riccardo MARRETTA
Giuseppe DENTICI
Giacomo SPINA
Rosario MAGGIORE
Vincenzo RUSSO

The Training Center Festina Lente of Palermo and the Do Ryu Karate Association of Terrasini, head offices in Sicily of the Krav Maga system practice, expected the next meeting with master Rony KLUGER between 26th – 27th April 2003.

For further information you can contact the organizing secretary from Monday to Friday from 4pm to 10pm at the following number: 00 39 091 6899053